



CONTACT US

SPHERE, Inc.
PO Box 1136
Ridgefield, CT 06877
www.spherect.org
info@spherect.org



SPHERE'S MISSION

Our mission is to enrich the lives of adults with disabilities through education, entertainment, recreation, and the arts.



SPHERE creates a world of possibilities for individuals with developmental disabilities



QUICK FACTS ABOUT SPHERE

- Founded in 1987
- 501c3 recognition in 1989
- Volunteer, hands-on Board
- Serves adults with cognitive, intellectual, and developmental disabilities
- Strong community partnerships with other organizations
- Active community involvement



WHAT WE DO

PERFORMING ARTS

SPHERE's rich and exciting Performing Arts program changes lives - one act a time! Through performing with our community partners, we share our mission and broaden our reach throughout the region.

PROGRAMS

Our Jewelry, Bingo, Art, and Book Club programs help our members develop their talents and skills in a supportive environment, enjoy social interaction, and become actively involved in the community.

HEALTH AND WELLNESS

Our robust health and wellness programs promote fitness, teamwork, and health. From regional Special Olympics, to our Walking Club, Cooking Class, and SPHERE Talks, they keep members active and educated about their physical and emotional wellbeing.

COMMUNITY

From parades to festivals, to our own SPHERE Squad, SPHERE members play an important, integral role in their community. These activities help to develop social skills, give relief to isolation, and help our members overcome discrimination,



Please follow us: @spherect

